

ABSTRACT

This study was to determine if work place stress has an effect on employees of Licensing Department Work-Related Musculoskeletal Disorder (WMSD). Two established questionnaires with different functionalities were distributed to 19 employees. NORDIC Musculoskeletal Questionnaire are used to analyze musculoskeletal symptoms while DASS 21 Questionnaire are designed to measure the severity of a range of symptoms common to Depression, Stress and Anxiety. Licensing Department employees are suffering discomfort at head, neck, shoulder, wrist/hand, upper back and lower back for the last 12 months and additional discomfort at hips, knees and ankle/feet for the last 7 days. DASS 21 scale highlights that 53% are suffering from depression, 95% from anxiety, and 68% from stress. As a conclusion, few recommendations were suggested to counter this occupational health problem